

SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE

AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

	Monday 3/18	Tuesday 3/19	Wednesday 3/20	Thursday 3/21	Friday 3/22
Lunch: \$2.95 Premium: \$3.40					
FAVORITES 	Slider Burgers Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk	Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy w/ Biscuit Golden Corn Spinach Salad Fruit 1% or FF Milk	Turkey Cuban Sandwich Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	Nacho Bar w/ Fixings Spanish Rice Latin Black Beans Spinach Salad Fruit 1% or FF Milk	Fish & Chips Basket Cole Slaw Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
GRILL 	Chicken Patty Parmesan Hamburgers Cheeseburger Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk	Pork Roll & Cheese Cheeseburger Chicken Bacon Ranch Golden Corn Spinach Salad Fruit 1% or FF Milk	Buffalo Chicken Patty Hamburger Cheeseburger Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	Rib-a Que Sandwich Hamburger Smoke House Burger Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	Chicken Patty Hamburger Cheeseburger Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
PIZZA 	Pepperoni Pizza Cheese Pizza ---- Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk	Buffalo Chicken Pizza Cheese Pizza ---- Golden Corn Spinach Salad Fruit 1% or FF Milk	White Pizza Cheese Pizza BBQ Chicken Pizza ----- Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	Cheese Pizza Pepperoni Pizza ---- Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	Vegetable Pizza Cheese Pizza Meat Lovers Pizza Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
PASTA 	Macaroni & Cheese w/ Dinner Roll ----- Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk	French Bread Pizza ---- Golden Corn Spinach Salad Fruit 1% or FF Milk	Pasta & Meatballs w/ Garlic Bread ----- Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	Stromboli --- Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	Baked Ziti w/ Garlic Bread --- Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
SANDWICHES 	Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches WG Bread Or WG Hoagie Roll Golden Corn Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches WG Bread Or WG Hoagie Roll Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches WG Bread Or WG Hoagie Roll Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
SALAD BAR 	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Hummus w/ Veggies</u>	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Cheese & Crackers</u>	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Hummus w/ Veggies</u>	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Cheese & Crackers</u>	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Hummus w/ Veggies</u>
STUDENT LUNCH \$2.95 - PREMIUM LUNCH \$3.40					

CAFETERIA MANAGER: 11/12 Debbie Exel ext. 4419 Menu Subject to Change